

## World Suicide Prevention Day 10<sup>th</sup> September 2026

The newly-established Department of Psychology, Khwaja Moinuddin Chishti Language University, under the leadership of Prof. Ajay Taneja, Vice Chancellor, organized multiple events for the commemoration of World Suicide Prevention month. The events were organized by Dr Kakul Hai. From 1<sup>st</sup> September to 10<sup>th</sup> September, the Psychology Department organised a meaningful initiative titled “WALL OF HOPE,” across different departments of the institutions. The initiative aimed at promoting awareness about mental well-being, emotional support, and about the importance of reaching out and standing by one another. The response of KMCLU university students was very encouraging, as reflected through the messages written by them.

10<sup>th</sup> September, observed as World Suicide Prevention Day, the Psychology Department organised a Slogan Writing Competition. Students from various departments participated enthusiastically, with slogans reflecting their deep thinking and wisdom about the relevance of mental health in everyday life. A special video message for the students of KMCLU by Ms. Shabana Azmi on the importance of mental well-being was screened.

Also, an interactive and informative session on ‘What’s Your Next Move? A Real-Life Mental Health and Growth Experience’ was organized to raise awareness about the importance of mental health among students of KMCLU. Hosted by the Department of Psychology, the session was conducted by the team of MyUni Global, and it focused on the importance of self-reflection in mental health awareness and the need to seek out help when required instead of silently suffering. Students from various departments participated in the session, with everyone leaving with a lasting message of focusing on their mental health, as well as offering a helping hand to whoever needs it.

## Glimpse of the event











